



Overview of bpf's events and CPD programme 2023 - 24

This document provides an overview of the events and CPD programme delivered at the bpf in the reporting year April 2023 - September 2024.

Overall, we have delivered 53 events from professional and CPD events through to social gatherings, member forums and promotional/ recruitment events.

Our events have taken different format including lectures, masterclasses, webinars, audiences with authors, theoretical discussions, clinical cases studies, reflective groups, workshops, research talks, open days, forums and a conference.

In the appendix, we have mapped last year's events and CPD programme against the professional development needs and priorities that members identified in the recent bpf members' survey.

Over the last 18 months, we have delivered:

- 26 general practice-related events (clinical and/or theory) including working with transference and countertransference, working clinically with adolescents, working therapeutically with couples, clinical masterclass on clinical work with children, working with prejudice, applying neuroscientific insights to practice, Oedipal dynamics in groups, working with the shadow in different contexts and settings, use of defences, and the use of creativity in the clinical process.
- 2 practice-related events focusing on working with specific presenting issues, one on working with the body/psychosomatics and another on working with compulsion.
- 2 conferences, one celebrating 40 years of the *British Journal of Psychotherapy* and one focused on infant observation.

- 10 events addressing different and/or working with clients from societally marginalised groups, covering same-sex/queer desires, disabilities, working with race and ethnicity.
- 6 applied events, some applying psychoanalytic and Jungian thinking to film and TV, and to global issues like climate change, and others encouraging interdisciplinary exchange with other disciplines such as neuroscience.
- 5 research-related presentations where practitioners and scholars present research findings in areas of clinical and theoretical interest to bpf members.
- 3 events addressing professional and technical skills, such as teaching, research and digital skills for members.
- 12 events with either a social and/or special interest focus, including quarterly member forums, summer and winter gatherings, and reflective groups for pre-retired/retired members.
- 9 promotional events including in-person and online open days, and introductory webinars to specific bpf training courses.

In October 2024, we launched an Action Plan that outlines a new and strategic approach to events and Continuous Professional Development (CPD) at the bpf. With member input and feedback, it has been designed to:

- bpf members in meeting their annual clinical and non-clinical CPD requirements as set out by the British Psychoanalytic Council (BPC) and/or the Association of Child Psychotherapists (ACP).
- bpf members' personal and professional development needs more generally, adding value to the bpf's membership offer.
- bpf's strategic vision to become a centre of excellence in training, learning and development within psychoanalytic, psychodynamic and Jungian psychotherapy.

Please refer to the full Action Plan for a detailed overview, available on the bpf website.

Event date and title	Practice related (clinical and/or theory)	Working with specific presenting issues (trauma, anxiety etc)	Working with difference	Applied thinking: culture & arts	Applied thinking: political and global issues	Applied thinking: other disciplines	Research - related	Professional & technical skills (e.g. teaching, research, digital, business)	Social gatherings or member forums/ interest groups	Promotional or recruitment events
When do we need to change the subject? With Anne Alvarez. (Wessex Programme).										
28. Feb 15th: Applying a psychoanalytic lens to The Black Swan, a film by Darren Aronofsky. With Danielle Hollreiser.				X						
29. Feb 20th: Introduction to Jungian Psychotherapy and Analytic Training with the BJAA. With Joanna Dewall and Jacqueline Egli.										X
30. Feb 21st: Independent Child Psychotherapy Masterclass. With Peter Wilson	X									
31. Feb 27th: Reflective Discussion Groups for IPCAPA Graduates. Morning group with Dr Robert Fleming and an early evening group with Julia Mikard.	X									
32. Feb 29th: Jung Forum: The Development of the Shadow in Childhood and Adolescence. With Rowena Mahmud.	X									
33. Mar 8th: Members' Spring Forum. Reflections on how to welcome newcomers into the bpf community. With Frances Gillies and Juliet Newbiggin.									X	
34. Mar 9th: Retirement – endings and new beginnings, reflections. Chaired by Joanna Lee.									X	
35. Mar 12th: Updates on Neuroscience: A Jungian	X					X				

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Perspective. With Giles Allen and Oliver Dale.										
36. Mar 21st: Jung Forum: On Ageing – Coming Home. With Chris and Ewa Robertson. Maggie Cochrane as Chair.	X									
37. Mar 29th: The Ins and Outs of Homophobia and Gay Men’s Experiences of Holding Hands in Public. With Poul Rohleder.			X				X			
38. Apr 13 th : bpf Open Day										X
39. Apr 16 th : How to use the New BPF Online Forum								X		
40. Apr 17 th : Independent Child Psychotherapy Masterclass. With Lydia Tischler.	X									
41. Apr 24 th : Beyond ‘Diversity’. Racism and the Psychoanalytic Profession. With Helen Morgan.			X							
42. May 30 th : International Dialogues presents – “Childhood and its Encounters”: An introduction to the Maison Verte Model in Chile. With Macarena Hernandez, Valentina Peri, Diego Blanco and Victoria Nicolodi	X									
43. Jun 8th: A conference celebrating 40 years of the British Journal of Psychotherapy - Considerations on Continuity and Disruption.	X		X			X			X	

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44. Jun 12 th : Clinical presentation in Parent Infant Psychotherapy. With Coretta Ogbuagu.	X									
45 Jun 29 th : The Discovery of Siblings: Oedipus joins a therapy group. With Caroline Garland	X									
46. Jun 29 th : Working with the shadow: in nightmares and dreams, in relationships and team	X									
47. Jul 3 rd . Mixed Heritage, mixed feelings: Parent Infant Psychoanalytic Psychotherapy during the coronavirus pandemic, aiming to interrupt intergenerational racial trauma. With Michela Biseo	X		X				X			
48. Jul 10: Developing a couple state of mind – How couple work can enhance your psychotherapy practice with Leezah Hertzmann	X									X
49 Jul 20 th : Infant Observation Conference with Jennie Hogan and Marilyn Matthew	X									X
50. Sep 7 th : Thoroughly Unprepared Lecture by Elizabeth Simpson			X						X	
51. Sep 11 th . Webinar. Becoming a Researcher: the experience of psychotherapists starting a doctorate- could you be next? With Sue Kegerreis.								X		
52. Sep 12 th : Audiences with authors. with Paul Hoggert on his book 'Paradise Lost? The					X					

