











## Overview of bpf's events and CPD programme 2023 - 24

This document provides an overview of the events and CPD programme delivered at the bpf in the reporting year April 2023 - September 2024.

Overall, we have delivered 53 events from professional and CPD events through to social gatherings, member forums and promotional/ recruitment events.

Our events have taken different format including lectures, masterclasses, webinars, audiences with authors, theoretical discussions, clinical cases studies, reflective groups, workshops, research talks, open days, forums and a conference.

In the appendix, we have mapped last year's events and CPD programme against the professional development needs and priorities that members identified in the recent bpf members' survey.

Over the last 18 months, we have delivered:

- 26 general practice-related events (clinical and/or theory) including working with transference and countertransference, working clinically with adolescents, working therapeutically with couples, clinical masterclass on clinical work with children, working with prejudice, applying neuroscientific insights to practice, Oedipal dynamics in groups, working with the shadow in different contexts and settings, use of defences, and the use of creativity in the clinical process.
- 2 practice-related events focusing on working with specific presenting issues, one on working with the body/psychosomatics and another on working with compulsion.
- 2 conferences, one celebrating 40 years of the *British Journal of Psychotherapy* and one focused on infant observation.

- 10 events addressing different and/or working with clients from societally marginalised groups, covering same-sex/queer desires, disabilities, working with race and ethnicity.
- 6 applied events, some applying psychoanalytic and Jungian thinking to film and TV, and to global issues like climate change, and others encouraging interdisciplinary exchange with other disciplines such as neuroscience.
- 5 research-related presentations where practitioners and scholars present research findings in areas of clinical and theoretical interest to bpf members.
- 3 events addressing professional and technical skills, such as teaching, research and digital skills for members.
- 12 events with either a social and/or special interest focus, including quarterly member forums, summer and winter gatherings, and reflective groups for pre-retired/retired members.
- 9 promotional events including in-person and online open days, and introductory webinars to specific bpf training courses.

In October 2024, we launched an Action Plan that outlines a new and strategic approach to events and Continuous Professional Development (CPD) at the bpf. With member input and feedback, it has been designed to:

- bpf members in meeting their annual clinical and non-clinical CPD requirements as set out by the British Psychoanalytic Council (BPC) and/or the Association of Child Psychotherapists (ACP).
- bpf members' personal and professional development needs more generally, adding value to the bpf's membership offer.
- bpf's strategic vision to become a centre of excellence in training, learning and development within psychoanalytic, psychodynamic and Jungian psychotherapy.

Please refer to the full Action Plan for a detailed overview, available on the bpf website.

## **Appendix: Events and CPD programme mapped for 2023-24**

Event date and title	Practice related (clinical and/or theory)	Working with specific presenting issues (trauma, anxiety etc)	Working with difference	Applied thinking: culture & arts	Applied thinking: political and global issues	Applied thinking: other disciplines	Research - related	Professional & technical skills (e.g. teaching, research, digital, business)	Social gatherings or member forums/ interest groups	Promotional or recruitment events
1. Apr 15 <sup>th</sup> : bpf Open Day										Х
2. May 11 <sup>th</sup> : bpf scientific meeting: the unconscious body image – Francoise Dolto, French psychosomatics, and British Object Relations. With Sham Bailey.	X	Х								
3. Jun 8 <sup>th</sup> : Audiences with Authors: Psychoanalysis and Homosexuality: A contemporary introduction. With Leezah Hertzmann and Juliet Newbegin	X		X							
4. Jun 24 <sup>th</sup> : Summer Term Members' Forum									Х	
5. Jun 27 <sup>th</sup> : How to become a psychotherapist – an introduction to the bpf's foundation course										X
6. Jul 1 <sup>st</sup> : Retirement: Endings and New Beginnings, Reflections									Х	
7. Jul 6 <sup>th</sup> : Developing Psychotherapy Teaching Skills. With Frances Gillies								X		
8. Jul 13 <sup>th</sup> : BPF Scientific Meeting: Hot Feelings: Sexual transference and countertransference with two male mid-adolescents and a female psychoanalyst.	X									
9. Jul 15 <sup>th</sup> : BJAA Summer Gathering Presentation –	Х								Х	

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Absence and Creativity. With										
Ana Martinez Acobi  10. Jul 15 <sup>th</sup> : Prejudice, Cultural Prejudice, and Countertransference. With Kannan Navaratnam	X		X							
11. Sep 14 <sup>th</sup> : BPF Scientific Meeting: Impairment, socialization and embodiment: The sexual oppression of ppl with physical disabilities. With Poul Rohleder			X				Х			
12. Sep 20th: Analytic and Jungian Attitudes to Working with LGB Clients: Research Findings and Implications for Practice and Training. With Wayne Full			X				X			
13. Sep 22 <sup>nd.</sup> The Autumn Term Members' Forum									Х	
14. Sep 28 <sup>th</sup> : Jung Forum: Power in Contemporary Theory and Practice. With Jane Johnson and Julia Ryde.	X									
15. Oct 18 <sup>th</sup> : The bpf Membership Survey 2023: Results, Future Projects and Initiatives							X			
16. Oct 21st: Online Open Day										X
17. Nov 9th: bpf Scientific Meeting: Picking up a log from both ends: Understanding and working with couples. With Joanna Rosenthall, Leezah Hertzmann.	Х									

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18. Nov 11th: bpf AGM,	Х								Х	
Members' Day and special										
lecture with Ann Horne.										
19. Nov 15 <sup>th</sup> : Introductory										Х
Webinar IPCAPA Training										
20. Nov 18th: Retirement:									Χ	
Endings and New Beginnings.										
Reflections. Led by Joann Lee.										
21. Nov 18th: 'In the Style	Х				1					
of': From Creative Inhibition	,									
to Creative Imagination'. With										
Christine English. (Wessex										
Programme).										
22. Nov 25th: BJAA Winter	Х	Х							Х	
Gathering Presentation – The	,								**	
Affective Charge of Sulphur										
and Salt in Working with										
Compulsion. With Georgio										
Giaccardi.										
23. Dec 6 <sup>th</sup> : Introductory										Х
Webinar – Psychodynamic										^
Psychotherapy Training										
24. Jan 11th: bpf Scientific			Х							
Meeting, Critical Changes:			~							
Taking a new approach to										
teaching theory in relation to										
diversity. With Jane Johnson										
and Helen Morgan.										
25. Jan 31st: Why Knowing	Х					Х				
About the Brain Can Help You										
Be a Better Therapist. With					1				1	
Annie Pesskin.									1	
26. Feb 1st: Applying a				Х						
psychoanalytic lens to the					1				1	
mind of Joe Goldberg. With					1				1	
Zoe Jackson.										
27. Feb 3rd: Distraction,	Х									
Evasion and Development:					1				1	

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When do we need to change the subject? With Anne Alvarez. (Wessex Programme).										
28. Feb 15th: Applying a psychoanalytic lens to The Black Swan, a film by Darren Aronofsky. With Danielle Hollreiser.				Х						
29. Feb 20th: Introduction to Jungian Psychotherapy and Analytic Training with the BJAA. With Joanna Dewall and Jacqueline Egli.										X
30. Feb 21st: Independent Child Psychotherapy Masterclass. With Peter Wilson	X									
31. Feb 27th: Reflective Discussion Groups for IPCAPA Graduates. Morning group with Dr Robert Fleming and an early evening group with Julia Mikard.	Х									
32. Feb 29th: Jung Forum: The Development of the Shadow in Childhood and Adolescence. With Rowena Mahmud.	X									
33. Mar 8th: Members' Spring Forum. Reflections on how to welcome newcomers into the bpf community. With Frances Gillies and Juliet Newbigin.									X	
34. Mar 9th: Retirement – endings and new beginnings, reflections. Chaired by Joanna Lee.									X	
35. Mar 12th: Updates on Neuroscience: A Jungian	X					X				

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Perspective. With Giles Allen										
and Oliver Dale.										
36. Mar 21st: Jung Forum: On Ageing – Coming Home. With Chris and Ewa Robertson. Maggie Cochrane as Chair.	X									
37. Mar 29th: The Ins and			X				Χ			
Outs of Homophobia and Gay Men's Experiences of Holding Hands in Public. With Poul Rohleder.										
38. Apr 13 <sup>th</sup> : bpf Open Day										Х
39. Apr 16 <sup>th</sup> : How to use the New BPF Online Forum								X		
40. Apr 17 <sup>th</sup> : Independent Child Psychotherapy Masterclass. With Lydia Tischler.	X									
41. Apr 24 <sup>th</sup> : Beyond 'Diversity'. Racism and the Psychoanalytic Profession. With Helen Morgan.			Х							
42. May 30 <sup>th</sup> : International Dialogues presents – "Childhood and its Encounters": An introduction to the Maison Verte Model in Chile. With Macarena Hernadez, Valentina Peri, Diego Blanco and Victoria Nicolodi	X									
43. Jun 8th: A conference celebrating 40 years of the British Journal of Psychotherapy - Considerations on Continuity and Disruption.	Х		X			X			X	

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44. Jun 12 <sup>th</sup> : Clinical presentation in Parent Infant Psychotherapy. With Coretta Ogbuagu.	Х									
45 Jun 29 <sup>th</sup> : The Discovery of Siblings: Oedipus joins a therapy group. With Caroline Garland	X									
46. Jun 29 <sup>th</sup> : Working with the shadow: in nightmares and dreams, in relationships and team	X									
47. Jul 3 <sup>rd</sup> . Mixed Heritage, mixed feelings: Parent Infant Psychoanalytic Psychotherapy during the coronavirus pandemic, aiming to interrupt intergenerational racial trauma. With Michela Biseo	X		X				X			
48. Jul 10: Developing a couple state of mind – How couple work can enhance your psychotherapy practice with Leezah Hertzmann	Х									X
49 Jul 20 <sup>th</sup> : Infant Observation Conference with Jennie Hogan and Marilyn Matthew	Х									X
50. Sep 7 <sup>th</sup> : Thoroughly Unprepared Lecture by Elizabeth Simpson			X						X	
51. Sep 11 <sup>th</sup> . Webinar. Becoming a Researcher: the experience of psychotherapists starting a doctorate- could you be next? With Sue Kegerreis.								X		
52. Sep 12 <sup>th</sup> : Audiences with authors. with Paul Hoggert on his book 'Paradise Lost? The					X					

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Climate Crisis and the Human Condition. Interviewed by Sally Weintrobe.										
53. Sep 21st: PPA Summer Gathering.									X	