











# **Professional Events and CPD Programme: Action Plan**

October 2024

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# 1 Introduction

The British Psychotherapy Foundation (bpf) is adopting a new and more strategic approach to events and Continuous Professional Development (CPD), including the modernisation and professionalisation of its learning and development programme for members.

A cross-associational Action Plan has been created to ensure that the different development needs of members are better met and that there is oversight of and accountability for events and CPD delivery at the bpf at an operational level.

The Action Plan is member-led and is based on bpf members' feedback in the recent membership survey (2023-24), strategic input from the Board of Trustees and the Professional Events and CPD Committee, and feedback from individual consultations with a cross section of members, including across all three of the main Associations.

# 1.1 Why is learning and development important for our profession?

In the complex and evolving field of psychoanalytic, psychodynamic, and Jungian/post-Jungian psychotherapy, CPD is an area of particular importance and an essential aspect of a therapist's career. CPD plays a critical role in maintaining the relevance of therapists' practice and shaping their ability to provide effective treatment to patients from all sections of society.

CPD is a cornerstone of a successful psychotherapy practice. It helps enhance therapeutic skills and identify gaps in a therapist's knowledge. It is a process that involves therapists thinking about gaps in their existing knowledge base and/or additional skills that will help improve their practice and taking action to address these gaps in a structured and organised way.

CPD in psychotherapy is ultimately about both improving patient care and personal growth. CPD provides an opportunity to develop therapists' professional identities and deepen therapists' understanding of themselves and others.

Ultimately, therapists who are committed to their professional growth are better equipped to help their patients navigate their psychological, developmental and interpersonal challenges successfully. Skilled and proficient therapists will maintain standards that go towards supporting analytic/Jungian therapies as some of the most highly effective methods for treating severe and enduring mental health difficulties.

A therapist's effectiveness is significantly enhanced by their commitment to continuous learning. Staying up-to-date with the latest developments in the field, keeping aware of emerging research, and learning new techniques means therapists can provide the most effective sessions, tailored to their patients' specific needs. This can often lead to better therapeutic outcomes.

 $<sup>^1</sup>$  This Committee is made up of members from across the bpf and is responsible for shaping, planning and ensuring access for members to a rich annual programme of events relevant to the theory and practice of psychoanalysis, psychoanalytic psychotherapy and Jungian analysis and to their application in the wider sphere of human activity, from art and literature to politics and world affairs. It is currently chaired by Dr Wayne Full, Director for Academic and Strategic Development and meets 3-4 times a year.

Increasingly, therapists are working with difference in relation to marginalised groups within society. CPD can help therapists confront their own unconscious biases more effectively and provide them with the skills to work with different client groups.

CPD is particularly important for psychoanalytic, psychodynamic and Jungian psychotherapist because they, unlike other therapeutic modalities, work intensively with vulnerable adults, adolescents and children experiencing severe and complex mental health needs and meet a critical gap in the UK's mental health provision by offering longer-term, specialist therapeutic support, which is often unavailable through other voluntary sector organizations or mainstream/statutory services.

# 1.2 What are the current CPD requirements for bpf members?

bpf members are required to continuously update their skills and knowledge as part of their registration with the British Psychoanalytic Council (BPC) and/or the Association for Child Psychotherapists (ACP). Some bpf members are also registered with other professional associations for psychotherapy, such as British Association for Counselling and Psychotherapy (BACP) and the United Kingdon Council for Psychotherapy (UKCP).

Both the BPC and ACP asks that their registrants commit to around 30 hours of ongoing learning every year. Both the BPC and ACP divide their CPD requirements into two categories: clinical (15 hours needed per annum) and non-clinical (15 hours needed per annum). Both the BPC and ACP audits a random selection of 5% of their registrants each year to check that CPD requirements are being met – bpf members may be selected as part of these audits. It is bpf members' responsibility to demonstrate evidence of both types of CPD every year. We can produce CPD certificates for an event you have attended upon request. Please email <a href="mailto:events@bpf-psychotherapy.orq.uk">events@bpf-psychotherapy.orq.uk</a>

Clinical CPD generally requires therapists to present and discuss their work within a confidential clinical forum and to reflect and discuss lessons learned with colleagues. Types of clinical CPD include individual supervision, group supervision, clinical consultation and peer group consultation. Most supervision-related activity at the bpf is arranged by the individual member and/or by the bpf associations themselves, although the bpf events team organises and delivers clinical masterclasses and events for members and/or theoretical seminars with strong implications for practice.

Non-clinical CPD involves staying abreast of contemporary issues and developments in the profession. It can involve improving one's skillset to address any gaps in knowledge. Examples of general CPD could be advanced lectures, workshops, masterclasses with experts, webinars, mentoring, coaching, conferences, e-learning, peer review or short training courses, such as developing a psychoanalytic approach to working with children and adolescents or dream interpretation through a Jungian lens.

Additionally, non-clinical CPD can address the day-to-day practicalities of being a therapist, such as training in data protection, safeguarding, business skills, teaching skills and research skills. Applied events – e.g., applying psychoanalytic and Jungian thinking to film, music and literature – can also form part of a therapist's general CPD.

The full BPC guidelines on CPD requirements for clinicians working with adults can be found here.

The full ACP guidelines on CPD requirements for clinicians working with children and adolescents can be found <u>here</u>.

# 1.3 Why develop an Action Plan for bpf members?

In collaboration with bpf members, we have developed this Action Plan:

- To support bpf members in meeting their BPC and ACP annual CPD requirements.
- To support bpf members' personal and professional development needs more generally, adding value to the bpf's membership offer.
- To support bpf's strategic vision to become a centre of excellence in training, learning and development within psychoanalytic, psychodynamic and Jungian psychotherapy.

We want to ensure that any CPD provision that we provide at the bpf meets the needs of members. Recent feedback, via a comprehensive members' survey (2023-2024), indicated that there was a wide variation in terms of members' personal and professional development needs. It was clear that members will need different types of CPD, pitched at different levels, to reflect where they are in their professional career i.e., recently qualified; those with 5-10 years post-qualifying experience; senior members; pre-retired/retired.

In the recent bpf members' survey, members identified six main priority CPD areas from a list of 12. We will aim to prioritize these areas as part of the Action Plan. These were:

- 64.67% Advanced clinical skills (e.g., masterclasses from experienced and/or specialist practitioners). 97 of 150 members ticked this option
- 56.08%: (n=83): Working with specific presenting issues (e.g., trauma, eating disorders, addictions). 83 of 148 members ticked this option
- 43.24% (n=64): Psychotherapy and other disciplines (e.g., neuroscience, complexity theory, religion). 64 of 148 members ticked this option
- 42.38% (n=64): Working with clients from societally marginalised groups (e.g., refugees, LGBTQIA+, racially minoritised communities, disabled people). 64 of 151 members ticked this option
- 40.54% (n=60) Psychotherapy and culture (e.g., visual arts, literature, music, film). 60 of 148 members ticked this option
- 40.40% (n=60) Psychotherapy and global issues (e.g., migration, climate change, social justice). 60 of 151 members ticked this option

Additionally, from a list of 16 options, members were asked what types/formats of CPD they would like to see more of at the bpf. The most popular formats/types were as follows, and we will aim to prioritize these formats as part of this plan:

- 72.19%: Special guest lectures. 109 of 151 members ticked this option
- 59.71%: Clinical masterclasses. 83 of 139 members ticked this option

- 48.97%: Scientific or theoretical debates. 71 of 145 members ticked this option
- 46.76%: Annual conference. 65 of 139 members ticked this option
- 45.00%: Lecture series. 63 out of 140 members ticked this option

In addition to CPD events, there was a desire for more social gatherings to bring the organisation together and to increase connection and a sense of belonging among members as well as for more outreach, promotional and public events.

#### 2 Overview of Action Plan

In response to the survey feedback and through additional consultation with members, we have devised an Action Plan with 6 strands. These are to:

- 1. Develop and deliver clinical/practice-related events e.g., clinical and/or theory relevant to practice
- 2 Develop and deliver applied events e.g. arts, culture, politics, global issues.
- 3 Develop and deliver 'professional issues' events e.g., teaching skills, digital skills, research skills, business skill).
- 4 Develop and deliver social and community events for bpf members e.g., summer and winter gatherings.
- 5 Develop and deliver promotional/recruitment events aimed at future trainees e.g., Open Days, tasters, introductory webinars.
- 6 Develop and deliver public interest events (aimed at general public).

# 2.1 Strand 1: Clinical/practice-related events

This strand will primarily be aimed at bpf members and designed to help bpf members meet the clinical CPD requirements of the BPC and/or ACP. However, we may occasionally open this strand up to qualified psychoanalytic, psychodynamic and Jungian practitioners from across the BPC, UKCP and BACP communities.

We will aim to prioritize this strand because our individual consultations with bpf members highlighted the need for more clinically focussed events at the bpf, and this reflects the bpf member survey findings.

The focus of these events will be on clinical and technical skills and/or practice-relevant theoretical discussions. The themes and topics for these events should broadly mirror the clinical and theoretical training curriculum at bpf, such as:

• Types of psychopathology/symptomatology/presentation - e.g. narcissism, anti-social tendencies, hysteria, anxious states, depression, somatization etc.

- Technical issues e.g., assessment, formulation, supervision, interventions and interpretations, listening for unconscious feedback, working with dreams, use of countertransference etc.
- Working with clients from societally marginalised groups e.g., refugees, LGBTQIA+, racially minoritised communities, disabled people etc.
- Thinking about major contributors to psychoanalytic thinking and practice e.g. Freud, Jung, Fordham, Klein, Winnicott, Bion, Green, Bollas etc.
- How contemporary and international thinking enhances clinical practice, such as neuroscientific thinking and queer, feminist and decolonising perspectives.

This strand could include events relating to assessment skills as well as individual supervision, group supervision, clinical consultation and peer group consultation.

Other event formats could include advanced clinical workshops or one-off seminars from leading national or international figures brought to the bpf. There could be talks, masterclasses or even live supervisions. Members might want to suggest a set of themes, speakers and event styles that might be satisfying to more senior clinicians and this could bring prestige to the bpf for staging them (we are soon to conduct a CPD survey to identify member needs more precisely). This strand could also include encouraging senior bpf members to do more of this kind of clinical presenting themselves.

Where possible, we would like to encourage clinical events that might be of interest to all bpf members and not just to specific Associations or cohorts, to encourage cross-fertilisation of ideas and integration of practice and theory. However, we recognise that some events will appeal more to a PPA or a BJAA or an IPCAPA audience, and this may not be entirely avoidable.

Where appropriate, we will try to accommodate under this strand events aimed at/pitched at different levels within the organisation, including recent post-qualifiers, members with 5 – 10 years post-qualifying experience and senior members.

# 2.2 Strand 2: Applied events

This strand will be open to bpf members as well as any qualified psychoanalytic, psychodynamic, and Jungian practitioners from across the BPC, UKCP and BACP communities. These events may be of interest to analytically informed academics and researchers who have made a significant contribution to the advancement of analytic thinking using analytic theory in their teaching, research and writing (e.g., BPC Scholars).

This strand will be designed to help members meet the non-clinical requirements of the BPC and/or ACP. These events will not be clinical/technical in orientation but will address theory, research, and applied thinking. Based on feedback from the members' survey, applied topics of potential interest to bpf members would be:

- Psychotherapy and other disciplines e.g., neuroscience, complexity theory, religion, anthropology, attachment theory.
- Psychotherapy and culture e.g., visual arts, literature, music, film.

- Psychotherapy and global issues e.g., migration, climate change, social justice, decolonisation, humanitarian crises.
- Research findings relevant to psychoanalytic, psychodynamic and Jungian/post-Jungian practice.

# 2.3 Strand 3: Professional issues events

Most bpf members have portfolio careers. While they may see patients across a range of settings throughout the week, they may also teach, supervise, conduct research, write papers, author books and present at conferences. This strand is designed to offer other professional development opportunities for bpf members that are outside the clinic.

This strand will be designed to help members meet the general non-clinical requirements of the BPC and/or ACP. This strand might also be opened up to any qualified psychoanalytic, psychodynamic and Jungian practitioner from across the BPC, UKCP and BACP communities.

We envisage this strand covering training and professional development in the following type of areas:

- Professional issues. GDPR/data protection; safeguarding; ethical codes; handling complaints; confidentiality, note-taking and record keeping; mental health law; supervision skills; leadership skills; psychopharmacology; assessment/formulation; writing clinical papers.
- 'Train the trainer' programmes. To support trainers in improving the educational quality and practice-relevance of their delivery. We expect these to entail short, practical training courses and/or workshops with pedagogical experts.
- Teaching skills. Key areas of focus here could be the planning and preparation phase of teaching: the choice and use of readings in teaching session; balancing didactic and interactive activities; how to use interactive, online tools effectively; managing transitions in teaching sessions; the role of the teacher in moderating discussions; working with conflicts that can arise in a teaching session.
- Research and critical thinking skills. This could involve workshops on using outcome
  research to inform clinical practice; how to understand and 'read' research papers;
  how to write a research proposal; how to improve basic research literacy; how to
  question assumptions in classic research papers; how to build a critical argument.
- Business-related skills. Workshops to help psychotherapists develop and build their practice, including how to use social media and other channels to market their service(s) and increase referrals.
- Interdisciplinary knowledge transfer. Bringing in experts and academics from other disciplines, the sciences and the humanities to provide 'alternative' viewpoints on core issues and to encourage cross-fertilisation of ideas and debate.
- Anti-oppressive practice. Workshops aimed at improving confidence and safe and
  ethical practice around working with difference in the consulting room. Equip
  therapists and supervisors with skills in cultural diversity that will enable them to
  work more confidently and effectively across many forms of difference.

 Mentoring. A process of support and development, whereby senior members can support recent post qualifiers to establish a clinical identity, address clinical challenges and work towards/achieve their professional goals.

# 2.4 Strand 4: Social/community events

This strand addresses feedback from members and trainees for events that bring members and trainees together in formal and informal ways, such as Summer and Winter Socials, the Annual General Meeting (AGM), special one-off lectures and conferences.

It is important to note that even the summer/winter socials and the AGM include learning components. For example, a special one-off lecture is usually delivered as part of the AGM.

We will continue to ensure that these types of events remain a staple of the bpf events calendar.

# 2.5 Strand 5: Promotional/recruitment events

We will continue to reach out and promote our trainings to the future generation of trainees via regular Open Days (virtual and in-person) and our successful introductory webinars.

These types of events are very well attended and raise the profile of the bpf. They meet several of our public benefit commitments, namely:

- Advancing the education, training, study and practice of analytic therapies and psychoanalysis.
- Advancing the practice of psychoanalytically informed therapies as a profession.

#### 2.6 Strand 6: Public interest events programme

These events will be aimed at the general public and will help us fulfil some of our charitable aims around advancing public awareness of psychoanalytic, psychodynamic and Jungian/post-Jungian thinking. This strand is linked to our strategy to become a national centre of excellence in training, learning and development within psychotherapy – at all levels, including at the lay level.

We would need to be clear that these events are not aimed at professionals. The content would be introductory, with the aim of making psychoanalytic, psychodynamic and Jungian/post-Jungian thinking more accessible to people outside the profession. These events would demonstrate to a non-specialist audience that analytic/Jungian thinking has wider applications for thinking about everyday life and issues of social concern e.g., war, race relations, climate change, political hope, international crisis, and other takes on contemporary collective life.

We might also think about running a series of events looking at the 'stages of life' using analytic thinking e.g., What can infant observations tell us about the first year of a child's life? What can our IPCAPA training tell us about child and adolescent development? What can psychoanalytic psychotherapy tell us about transitions in life, towards marriage or parenthood, say? What does analytical psychology tell us about the second half of life? How

can psychotherapy help us understand the death of a parent? Other topical possibilities could be adolescent mental health, and reflections on retirement and ageing etc.

One innovative format might be to pair an external 'expert' with a psychotherapist who is well informed about or involved in a specific subject area.

#### 3. Event management processes

As part of this Action Plan, we have carefully reviewed our existing processes and have designed a new step-by-step process for the managing, tracking and delivery of all events at the bpf, including how we initiate events, how we contract with speakers, how we promote and market events, how we prepare for events, how we run events on the day and how we follow-up with delegates and speakers.

Below, we have outlined this new approach to event management and describe each step of the process. This is to provide members with a realistic understanding of how long it will take to have an event put on. Given the limited resource in the events team, it will, as a rule, take up to three to four months for most events to be delivered from initial inception/proposal to actual delivery. Larger events, such as conferences, will need a longer lead time.

#### 3.1 Initiating events

Members can complete a CPD survey for us in which we ask a few brief questions on what future topics members would like to see the events/CPD programme cover, and whether members would like to deliver a seminar or lecture themselves or to recommend someone else to deliver an event for us.

Additionally, we aim to find out about any areas of expertise that members have (whether clinical, theoretical, applied or research) as well as about any recent or forthcoming publications (particularly books). If a member recommends another person to deliver an event, we will aim to approach those specific individuals on your behalf.

# CPD Survey

We have also updated our event request form, and we will regularly remind bpf members that they can propose events to us directly via this form.

#### [Event Request Form]

In collaboration with the Professional Events and CPD Committee, bpf staff will analyse responses from the CPD survey and any submitted event request forms and cultivate event ideas from these. Specifically, we will review whether proposed events meet the criteria of the 6 strands outlined earlier in the Action Plan. We will also monitor incoming pro-forma details from newly qualified and general members.

# 3.2 Initial planning of events

Once an event is given the go-ahead, there is an initial period of planning. Tasks to be undertaken include:

- Confirm speaker.
- Arrange speaker agreements, including fees.
- Identify additional speaker needs e.g., Do they need to be introduced/have a Chair? Will they use PowerPoints? Specific tech needs? Do they have accessibility needs?
- Decide fees for attendees for each event.
- Schedule event e.g., identify suitable dates, avoid clashes with other associations or institutions, and major religious holidays, consider staff availability and resource management, is the Russell library available?
- Finalise content for marketing e.g., description of session, duration, speaker biography.
- Design webpage for event ready for marketing.
- Budget e.g., consider the budget for each event and associated costs, aim to break even.
- Consider event ratio e.g., is there a balance of events across the 6 strands of the Action Plan?

# 3.3 Marketing events

After initial planning, we move to the marketing and recruitment stage. For effective recruitment, our standard marketing timeline is 3-4 months.

#### Pre-event marketing:

- Inclusion of event in 2 bpf member newsletters (monthly).
- Inclusion of event in 2 bpf events newsletters (fortnightly).
- Inclusion of event in 2 public newsletters (monthly, 2145 subscribers).
- Event submission to BPC website and contacts at other psychotherapy organizations.
- 2 posts on social media (LinkedIn, Facebook, X, Instagram).
- Automatic email reminders to registrants (1 week before, 1 day before, and on the day).

If event numbers are low (2 weeks before):

• Targeted emails to be sent to specific groups.

#### Post-event:

Feedback forms to participants within 1 business day.

• Recording sent to participants (if available) within 1 week.

#### 3.4 Pre-event administration

Tasks to be undertaken include:

- Assign event runners and cover staff.
- Collect PowerPoint presentations from speakers.
- Send reminder emails to attendees.
- Close registration.
- Create Zoom meeting/webinar (for online/hybrid events).
- Order food for in-person events.
- Ensure all speaker recording agreement forms are signed.
- Confirm room setup for hybrid events.
- Conduct tech tests (the day before for hybrid events).
- Offer Zoom run-throughs to speakers (if applicable).
- Prepare attendee lists and supplementary materials.
- Assign staff and ensure clear scheduling.
- Create delegate badges (when appropriate).

# 3.5 On the day event administration

For in-person events, tasks to be undertaken include:

- Ensure a staff member is present at the event.
- Set up AV, load PowerPoints, and perform last-minute checks.
- Speakers should arrive 30 minutes before the event start time.
- Test microphones and clicker functionality.
- Ensure fire safety notices are printed and clear fire exit paths.
- Manage catering, clean-up, and event closeout.

For online events, tasks to be undertaken include:

• Set up "green room" 15-20 minutes before the event.

- Conduct final checks and screen share tests.
- Manage participant entry (mute upon entry).
- Monitor attendance vs. registration numbers.
- Optional debrief with speaker.

For hybrid events, tasks to be undertaken include:

• Notify participants when the event recording will be available (standard: 3 weeks).

# 3.6 Event follow-up

Tasks to be undertaken include:

- Disseminate feedback form. Sent within 1-2 business days after the event. We have
  designed a new feedback form to gather information from attendees about our
  events i.e., what worked well, what worked less well, what can we do to improve.
  We will use the feedback to review events more systematically and learn lessons for
  how we can improve delivery in the future for our members and wider attendees.
- Payment processing. Raise purchase orders for speaker payments and send a thank you note.
- Recordings. Transcribe using an external agency, with a 3-week turnaround.
- Feedback Reporting. Summarize notable comments and responses.

#### 3.7 Event reporting process

We will add event metrics to our event spreadsheet, to include:

- Number of registrants (before event).
- Highest number of attendees (at actual event).
- Attendee retention (10 minutes before end).
- Notable comments from attendees.
- Income and expenditure.
- Feedback form link.

Attendee feedback will be analysed and reviewed. A summary report each event will be produced for the Board of Trustees and the Professional Events and CPD Committee.

# 4. Funding the events programme

We have reviewed and agreed a basic speaker fee and event charging policy.<sup>2</sup>

Broadly, we are committed to offering the following remuneration to speakers at bpf events, whether delivered by bpf members or invited guests external to the bpf. However, we recognise we may need some flexibility in the remuneration policy if we wish to attract some high-profile, international speakers for some events.

# 4.1 Standardized speaker fees

We will aim to pay the following rates:

- One speaker for a webinar/seminar (60-120 minutes): £150.
- One speaker at a half day workshop (4 hours minimum): £300 (plus £60 for coffee/biscuits).
- One speaker at a whole-day workshop (6 hours minimum): £500 (plus £100 for coffee/biscuits, lunch extra).
- Two Speakers (joint event):
  - o 60 120-minute webinar/seminar: £200 (split equally)
  - Half-day workshop: £400 (split equally)
  - Whole day workshop: £600 (split equally).
- More than Two Speakers: Case-by-case, decided with Director of Academic and Strategic Development.

We plan to create and establish a bpf webinar programme/library. bpf members (and external audiences) will be able to download webinars from the library in their own time as part of their continued learning/CPD or out of general interest. We are reviewing our speaker agreement to include potential royalties that may accrue from recorded material that we may repackage and subsequently sell as a webinar.

#### 4.2 Travel and accommodation expenses for speakers

In some cases, we may offer reasonable expenses to speakers:

- Travel: Economy class for air, rail, and road travel. Mileage at 45p/mile (VAT receipts required).
- Accommodation: Max rate of £180 in London, £125 for the rest of the UK.
- Other Expenses: Reimbursable core requirements (e.g., Wi-Fi). Non-essential expenses like minibar/entertainment are not permitted.

#### 4.3 Public and member pricing

<sup>&</sup>lt;sup>2</sup> The bpf reserves the right to cancel, postpone or withdraw support from any event should there be any unforeseen financial, practical or resources implications that may adversely affect the quality and/or feasibility of delivering the event effectively.

We will aim to charge the following fees to attend events. Where there is a higher cost (for members and/or non-members) than those indicated below, this fee will be based on cost analysis work that has been carried out for the event to ensure that it breaks even e.g., if we attract a high-profile international speaker.

#### Online event/webinar:

• Public price: £12.50 (break-even point: 12 tickets)

• Member Price: Free

#### In-Person Event (with Coffee/Biscuits):

Public Price: £17.50 (break-even point: 12 tickets)

Member Price: Free

#### Half-Day workshop:

Public Price: £22, £17 (online)Member Price: £12, £6 (online)

#### Whole-Day workshop:

• Public Price (In-person): £35 (break-even: 14 tickets)

• Public Price (Online): £20

• Member Prices: £20 (in-person), £10 (online)

• Concessions (retired/student): £13.20 (in-person), £7 (online)

Additionally, we have a policy to offer our colleagues in Ukraine (& war-torn countries) free attendance on application by email to the Director of Engagement, Marketing and Communications.

Some of our events are run free of charge (e.g., AGM Summer Gatherings) but these still have cost and resources implications for the bpf operational team, and are considered on a case-by-case basis.

# 5. Regional events

We will aim for as many of our events as possible to be available online so regional members (32% of our membership) can attend. We have installed a new hybrid AV system in our largest classroom/events space which will significantly improve the teaching experience online for attendees. The new set up includes ceiling microphones to capture whole-room discussions, a two-camera system with tracking, larger speakers, and lapel microphones for speakers. This upgrade has been installed by Pure AV, who regularly work with universities to improve their hybrid technology.

Additionally, we aim to deliver more CPD events away from London. We already have the successful and long-running Wessex programme of events, and we now have a presence in the North of England that we could use to launch some CPD events in the North. Partnership development might be another way we can deliver events more regionally, supporting existing initiatives such as the East Anglian Psychotherapy Network (EAPN) or collaborating with other BPC training organisations such as Severnside Institute of Psychotherapy (SIP).

We will explore the idea of a residential conference outside of London. The bpf used to organize residential conferences on a regular basis and these were very successful.